

Terry Lamb
Relationship Coaching Program

Design your own curriculum and select 10 out of 15 coaching sessions!

1. **Identifying your relationship potential, personal style, and sim-comp quotient**
 - Using your natal chart, transits, and progressions, this session identifies way to synergize with the planetary energies available to you both short- and long-term.
2. **Clearing Past Relationships**
 - Get in touch with what's meaningful to you, the theme of your life story.
3. **Setting your short- and long-term goals for relationship development**
 - Using Session 1 as a foundation, this session focuses on setting strategic, measurable, actionable, and timely goals.
4. **Personal SWOT Analysis, Development, and Review**
 - With the help of your natal chart, this session helps you identify your key strengths, weaknesses, opportunities, and threats in relationship.
5. **Developing Your Master Partnering Plan**
 - This session will help you develop your long-term master plan — a plan for relationship development and its impact on other areas such as family, career, business/profession, health, personal healing.
6. **Identifying Pools of Potential Partners**
 - From internet dating sites to singles' ads to clubs and classes, identifying the places you'll be able to meet your new partner.
7. **Personal Presentation**
 - Whether a personal makeover, developing your fashion style, or eliminating pain and immobilizing health imbalances, getting your health and appearance to support your plan.
8. **Developing Filters**
 - We develop your skill in testing a relationship at its beginning to filter out those that will not meet your goals.
9. **Building Your Self-Esteem**
 - In this session, we will identify the skills you have to attracting a partner and map out the path to maximizing those skills.
10. **Enhancing Your Personal Style Skills (Session 1 of 2)**
 - Increasing your ability to negotiate what you want with each of the 5 personal styles
11. **Enhancing Your Personal Style Skills (Session 2 of 2)**
 - Increasing your ability to negotiate what you want with each of the 5 personal styles
12. **Clearing Childhood and Adulthood Blocks to Relationship**
 - Identifying and clearing blocks to healthy relationship originating from past experiences, such as those from childhood, adolescence, and early adulthood. This is helpful when no visible obstacles exist but you still don't move toward your goals.
13. **Selecting Potential Partners**
 - Establishing realistic criteria for selecting partners from dating pools (internet sites, singles' ads, etc.).
14. **First Meeting Preparation/Debriefing**
 - I will support you in choosing a good time, place, and type of experience for a first meeting. Afterward, we go over your experiences to assess your interaction. May be repeated as desired.
15. **Meeting Preparation/Debriefing (Ongoing Relationship Contact)**
 - I will support you in negotiating a good time, place, and type of experience for a subsequent meeting. Afterward, we go over

your experiences to assess your interaction. May be repeated as desired.